# Raghuram B. Bhat, MD, MA, FAPA

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## **EDUCATION / TRAINING:**

SUNY at Stony Brook Stony Brook, NY	Fellow, Geriatric Psychiatry, 2012 - 2013 Chief Resident, Consult-Liason, 2011 - 2012 Resident, Psychiatry, 2008 - 2012
Saba University School of Medicine Saba, Netherlands-Antilles	M.D., 2008
Brown University Providence, RI	M.A., Neuroscience, 1999 graduate coursework in neurobiology, cognitive psychology, and statistics
	Mind-Brain Research Fellow, 1995 - 1998 (departments of Psychology, Cognitive and Linguistic Sciences, and Neuroscience)
	Sc. B, Neuroscience, 1994

Note: also completed the following post-training programs:

University of Washington Community-Based Integrated Care Fellowship, 2018-2019 Cornell University Change Leadership certificate program (via eCornell), 2017

#### LICENSURE / CERTIFICATION:

Board Certification in Psychiatry, 2012 (American Board of Psychiatry and Neurology, Diplomate No. 64819)
Board Certification in Addiction Medicine, 2015 / 2018 (American Board of Addiction Medicine #2015050, and American Board of Preventive Medicine #61-1407)
Board Certification in Geriatric Psychiatry, 2014 (American Board of Psychiatry and Neurology, Diplomate No. 3211)
Board Certification in Community and Public Psychiatry, 2018 (American Association of Community Psychiatrists #090)
DEA certification (FB 3039092)
New York State Medical License (No. 263339)
Washington State Medical License (No. MD60644353)

## WORK HISTORY:

Faculty Member (Zoom-based teaching to clinics throughout the U.S.) – subcontractor through The Weitzman Institute for Project ECHO programs focused on managing psychiatric and substance use issues in primary care	since 2022
Consulting Psychiatrist (remotely serving clinics in Yakima, WA) – independent contractor through ConferMED providing eConsults to primary care providers in rural Washington.	since 2020
Consulting Psychiatrist (remotely serving clinics in the Olympia, WA area) – independent contractor through Providence Health & Services providing remote psychiatric consultation within a University of Washington AIMS-style collaborative care program to multiple primary care clinics	since 2019
Psychiatrist in private practice (Camas, WA) – solo proprietorship; outpatient medication management and psychotherapy services for adults; general psychiatry, geriatric psychiatry, and addiction medicine, with a special interest in PTSD and other trauma and stressor-related disorders	since 2018
Independent Medical Examiner (Vancouver, WA) – independent contractor through MES solutions providing consultation on WA State Labor & Industry disability cases, including specific psychiatric diagnoses, relationships to industrial events, and treatment recommendations, including medication management and psychotherapy	2018 – 2020
Medical Director at Ridgefield Recovery Village (Ridgefield, WA) – addiction treatment center with inpatient (detox/residential) and outpatient services for clients with substance use disorders, including those with psychiatric illness	2017 - 2018
Chief Medical Officer at Columbia River Mental Health Services (Vancouver, WA) – community mental health organization with psychiatric and addiction services; started buprenorphine program; supervised medical providers; organized, developed, and provided oversight for, medical services; worked towards integration of medical, clinical, and addiction services; provided psychiatric medication management and therapy services to clients with opioid addiction	2016 – 2017
Medical Director at Northstar (Vancouver, WA) – methadone clinic (OTP) of Columbia River Mental Health Services	2016 - 2017

Medical Director / Physician-In-Charge at DAEHRS (North Shore – Long Island Jewish – Zucker Hillside Hospital – DAEHRS, Glen Oaks, NY) – taught and supervised psychiatry residents and addiction psychiatry fellows; supervised medical staff, including moonlighters and a psychiatric NP; coordinated with program director and program supervisor, to help manage other staff	2014 – 2016
Medical Director / Physician-In-Charge at the Far Rockaway Treatment Center (NSLIJ – ZHH – Far Rockaway Treatment Center, Far Rockaway, NY) – coordinating with program director and program supervisor, to help manage clinical staff	2013 - 2016
Attending Addiction Psychiatrist (various on-site and satellite clinics of NSLIJ – ZHH) – medication management and psychotherapy; medications included suboxone and depot antipsychotics; psychotherapy includes PE and CPT for PTSD; sites included the Far Rockaway Treatment Center (Far Rockaway, NY) and both the MMTP and DAEHRS program at Addiction Recovery Services (Glen Oaks, NY); past sites (coverage) have been the Mineola Treatment Center (Mineola, NY) and Project Outreach (Hempstead, NY)	2013 – 2016
Attending Geriatric Psychiatrist / Clinical Assistant Professor (SUNY at Stony Brook) – evaluated and managed patients in an outpatient geriatric psychiatry clinic; also covered psychiatric ER (CPEP) shifts, with supervision of psychiatry residents and NPs	2013 - 2014
Attending Emergency Psychiatrist (NSLIJ - LIJ Medical Center, New Hyde Park, NY) – evaluated and managed patients in behavioral care and medical units of ER, taught and supervised psychiatry residents, NPs, and medical students	2013
Clinical Assistant Instructor (SUNY at Stony Brook) – taught and supervised psychiatry residents, as well as neurology residents, ER residents, family medicine residents, family medicine fellows, and medical students	2008 - 2013
High School Teacher (School One, Providence, RI) - taught and advised students with special needs; algebra, chemistry, and advanced biology	2002 - 2004
Middle School Teacher (Nativity Preparatory School, New Bedford, MA) - taught and advised "at risk" boys; science, music, visual art, and computers; designed new science room with lab; developed science curriculum for grades 5 to 8	2000 - 2002

Residential Aide (Ocean Tides School, Point Judith, RI) - supervised and monitored adjudicated male adolescents; implemented behavior modification strategies	2000
Residential Aide (Strategies Towards Independence, Brockton, MA) - supervised, fed, cleaned, and administered medications for developmentally-disabled adults	1999 – 2000
Graduate Teaching / Research Assistant	1998 – 1999
Graduate Research Fellow	1995 – 1998
Research Assistant / Technician	1994 – 1995
Undergraduate Research Assistant (Brown University, Department of Neuroscience, Providence, RI) - researched action planning in young and elderly adults, and in Parkinson's disease	1993 – 1994

## **AWARDS / HONORS:**

- interviewed on local Fox News (*Pill that can curb heroin addiction becoming more accessible in Portland metro area.* Fox 12 Oregon. February 8, 2017)
  interviewed for the local newspaper (*Medication shows promise in fight against opioid addiction.* The Columbian. November 21, 2016)
  Fellow of the American Psychiatric Association, 2014
  Academic Merit Award, SUNY Stony Brook Psychiatry (as a PGY-2, 3, and 4)
  scored in the 99<sup>th</sup> percentile on numerous nationally-administered exams (including PRITE psychiatry and neurology sub-scores, and USMLE Steps 1 and 2)
  earned highest score among all residents/fellows in PRITE psychiatry sub-scores (PGY-2, 3, and 4) and neurology sub-scores (PGY-2, 3, and, 4), as well as psychotherapy competency exam (PGY-4)
- Dean's List, Medical School
- Nomination for Best Avant-Garde Album, Providence Phoenix Poll, 2002 and 2003
- AmeriCorps Volunteer Education Award, 2001
- Designed science classroom and laboratory for Nativity Preparatory School (middle school in New Bedford, MA), 2001

## **PROFESSIONAL SOCIETY MEMBERSHIPS:**

- American Psychiatric Association, current
- American Medical Association, current
- Washington State Psychiatric Association, current
- American Society of Addiction Medicine, former
- American Association of Geriatric Psychiatry, former

- Greater Long Island Psychiatric Society, former
- American Telemedicine Association, student member, former
- Rhode Island Teachers Association, former
- Cognitive Neuroscience Society, former
- Society For Neuroscience, former

## **PUBLICATIONS:**

- Bhat RB, Sanes JN (1998) Cognitive channels computing action distance and direction. The Journal of Neuroscience, 18(18):7566-7580. http://www.jneurosci.org/content/18/18/7566
- Bhat RB, Sanes JN (1997) Action planning deficits in Parkinsonism. Presented at the Society For Neuroscience annual meeting, New Orleans, LA.
- Bhat RB, Sanes JN (1996) Sequential planning of movement in aging and Parkinson's disease. Presented at the 3rd Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.
- Sanes JN, Bhat RB (1994) Dynamic premotor mental calculation of movement amplitude and direction. Presented at the 1st Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.

## **SPECIAL INTERESTS:**

Post-Traumatic Stress Disorder Personality Disorders Mindfulness Hypnosis EMDR ACT IFS

## HOBBY - Music:

playing saxophone over forty years; also play EWI, flute, and other woodwinds; formally trained in jazz and classical music; performed with jazz, blues, rock, fusion, and experimental groups, often for charity; toured with a band for a summer with original CD; taught groups and individuals